



Screen-Free Bingo

Our “Screen-Free Bingo” includes movement activities, talking, singing and even some hunting for items around the house.

You can play two ways:

1. Use one sheet—with everyone working to complete the whole board and get a “blackout” **OR**
2. Provide each child with their **own** sheet and they try to get a traditional 5-in-a-row bingo

Crayola have a printable paper dice cut out here, which we have also included on the next page

Just colour each side to match the colours on the Bingo sheet.



How To Play



The bingo sheet includes squares of six different colours , it is simple to play:

- ⇒ For each turn, roll the dice, then choose a task of the **same colour** on the sheet
- ⇒ Each square on the board has a different activity
- ⇒ Before you can mark the square, you have to do that task



Screen-Free Bingo!

Go and find something orange and bring it back	Try and pat your head and rub your tummy	Name 2 things that live in the sea	Jump up and down 10 times	Go and find your coat and put it on
Bend over and touch your toes, 3 times	Go and look at yourself in a mirror	Walk backward 5 steps (be careful!)	Sit in 3 different chairs	Tell a funny joke
Make your body as big as you can and then as small as you can	Pretend the floor is hot and walk across the room on tiptoes	March to the front door and back	Name 3 animals you would find in the zoo	Slither like a snake from one side of the room to the other
Find something smaller than your hand	Shake hands with everyone in the room	Make 3 different animal sounds	Spin in a circle with your arms out	Do a silly dance
Crawl like a baby to the fridge and back	Find something that has numbers on it	Find something that is round and show it	Tell everyone about your favourite toy	Sing your favourite song

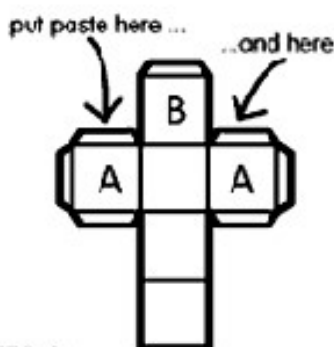
Personalized Paper Dice

Color and decorate these dice cutouts. In the squares on the blank die, draw or write anything you want (faces, friends' names, or shapes are some ideas). Glue the dice to a piece of thin cardboard (such as an empty cereal box). Cut out the shapes along the solid lines.

Making the dice:

STEP 1:

Make creases (folds) along all the dotted lines. Flip the shape over so the decorated side is facing away from you.

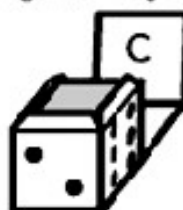


STEP 2:

Now bend up the sides labeled "A", and apply glue on the two tabs where shown. Fold up the tab labeled "B" and press "B" against the glue-covered tabs.

STEP 3:

Put some glue on all remaining tabs. Fold tab "C" over the top of the die, and press against the glue-covered tabs.



Now lay something (not too heavy) on top of your dice to hold them in place while they dry.

