



*** PLAYING IN ALL WEATHERS... FUN WITH THE WINTER ELEMENTS! ***

Take a breath of that cold winter air and remember that whatever you do outdoors you are supporting your children's health, wellbeing and happiness. Being outside with your child offers all sorts of play opportunities. Recreate some of your childhood play memories and make some time to play each day <https://www.playboard.org/wp-content/uploads/2019/05/Play-Matters-Playing-In-All-Weathers.pdf>

*** PLAYING WITH STUFF AT HOME ***

Have you ever watched a child receive a beautiful shop bought toy which they eagerly open, look at and explore and then proceed to play with the cardboard box or wrapping that it came in? It is not always necessary to purchase shop bought toys – often homemade/found resources will hold endless fascination and fun.

<https://www.playboard.org/wp-content/uploads/2019/02/Play-Matters-Playing-With-Stuff-Around-The-Home-Briefing-Sheet-6.pdf>