



Connections

Newtownabbey

Coming Out Of Lockdown - Family Summer Programme

We are coming out of lockdown!!

Home-schooling is over for now, we can start to get out and about again, things are slowly getting back to normal.....



We still have the whole summer to get through with our kids.

How will we keep them occupied?

How can we help prepare them for the next stage?

This is where **COOL Connections** can help you! Our online family summer programme will provide you with:

- Ideas for fun family activities to keep the kids busy and happy
- Top tips for supporting your children's social and emotional wellbeing during these turbulent times
- Strategies for looking after your own wellbeing- parenting is a tough job these days!

COOL Connections will keep you connected with Family Connections staff and give you a schedule of activities Tuesday-Thursday.

Look out for family activity time, videos and Parent Time

3rd -7th and 10th -14th August

Who is COOL Connections for?

Parents with children aged 0-11 in Rathcoole and Monkstown

To join our group

You need to be part of the BOOST programme in THRiVE schools

You need to be a parent with children aged 0-11 in THRiVE schools

Be willing to share some basic details and agreements to register for events



How do I sign up?

Follow our Facebook page **COOL Connections - Summer Programme - Newtownabbey** for further details of how to get involved

What do I need?

The programme is totally FREE to families.

As it is an online programme, you will need an internet connection and a device such as a smart phone, laptop or tablet

**Believe in
children**



Barnardo's
Northern Ireland



**COOL Connections - Summer Programme -
Newtownabbey**

Family Connections

